

Mentorship

This mentorship exercise comes from a lesson we see in the biblical relationship between Paul and Timothy.

It is important for each follower of Jesus to have a “Paul” and a “Timothy”. That is: someone who is mentoring you, and someone you can mentor. Mentorship is a method of discipleship that involves people further along in their faith helping to train those less experienced in their faith.

Use the following as a guide to help you identify who those two people are in your life, and how you can interact with them accordingly.

1. Paul

Who is someone in your life that you look up to? Think of someone you consider a faithful follower of Jesus that you can model your life after in some ways. Identify who this person is, decide when to make the ask, and think creatively about the method of mentorship you could use. (ex. John Smith from my campus – I’ll ask him next Sunday at church – I’ll suggest we grab coffee once a month on a regular rhythm.)

Who: _____

When: _____

How: _____

2. Timothy

Who is someone in your life who looks up to you? Think of someone you could offer to meet with regularly and pour your life into. Identify who this person is, decide when to make the ask, and think creatively about the method of mentorship you could use. (ex. Jane Doe from my campus – I’ll ask her next Sunday at church – I’ll suggest we can do lunch or play dates with our kids once a month on a regular rhythm.)

Who _____

When _____

How _____