EXERCISE

Praying with Others

Over the past two weeks, we have practiced talking to God and listening to God. This week, choose just one person God has laid on your heart, and pray for them and, with them. It can be anyone: your child, spouse, or a co-worker you know is struggling. Who in your life is carrying a burden and how can you show them the love of Jesus through prayer?

Sometimes it is as intimidating to ask for prayer for yourself as it is to pray out loud. This week, ask one person to pray with you, for you about something specific God has laid on your heart over the past week. It can be someone in your small group you trust or after service with the CCCC prayer team on Sunday.

In your small group this week:

- 1. Have one group member give a 3-minute summary of their week: struggles, problems, celebrations, hopes, etc.
- 2. Other group members will practice listening carefully, asking clarifying questions, and taking notes.
- 3. Each person will then speak specifically about what they feel led to pray about for the person who described their week.
- 4. Each person prays their specific prayer for the person during group and over the next week.

