

EXERCISE

Praying for Your Top 5

1. At CCCC, we encourage everyone to have 5 people they are praying for and purposefully reaching out to with the hope of the gospel. We typically encourage everyone to [B.L.E.S.S.](#) those people, and a part of that is praying for them.
2. Use the [Top 5 worksheet](#) to help you pray for your Top 5.
3. Remember, God is already at work in the lives of those you love. So, when you pray for them, you join his mission in their lives.
 - **Start by having a set time to pray** for them, even if it's only for a few minutes. (If you have a daily prayer rhythm, this might be midday.)
 - **Pray for the needs they have mentioned to you** in casual conversation. Maybe there are health issues, worries, or struggles they are dealing with. Commit to praying over those things and checking in with them on how those things are going.
 - **Ask God to give them a hunger for the things of God** — to seek to know him. Pray that they might have a desire for more than this world has to offer.
 - **Pray that God would bring additional people into their lives** to love them and help lead them to Jesus.
 - **Spend some time being still before God.** Ask him to give you creativity on how to bless your friends and a heart of compassion towards them. Ask him to show you what he's already doing and how you can be a part of it.