

DISCUSSION QUESTIONS

Resting in the Hope of Christ

1. What does it mean to you that Sabbath is not just about rest now, but about practicing for eternity?
2. In what ways do the Sabbath cycles (weekly Sabbath, Sabbatical year, Jubilee) reflect God's justice and care for all creation?
3. Tiffany said, "We need Jubilee." Where in your life do you feel the need for a fresh start, deep rest, or freedom?
4. What's one way that your Sabbath practice could reflect Kingdom values of justice, freedom, or restoration?
5. Read Luke 4:16-21. Why do you think Jesus chose that moment and that Scripture to begin his public ministry?
6. Tiffany said, "Jesus is not just bringing Jubilee; He IS Jubilee." How does that shape the way you relate to him?
7. What's one simple step you can take this week to live into the freedom, rest, and restoration Jesus offers?