

DISCUSSION QUESTIONS

The Gift of Limits: Trusting God's Provision in a Culture of Excess

1. When you hear the word simplicity, what comes to mind? What feelings—positive or negative—does it stir up for you?
2. Where do you most feel the pressure to “add more” in your life—time, possessions, experiences, status, or something else?
3. Ryan mentioned that advertisers don't just sell products; they sell a story of the “good life.” What story does our culture tell you about what the “good life” looks like?
4. In Matthew 6:19–21, Jesus says, “Where your treasure is, there your heart will be also.” In Solomon's story, we see that even God's good gifts can become idols. What do your treasures—your spending, schedule, or attention—reveal about your heart?
5. In the Parable of the Sower (Luke 8), Jesus says some seeds are “choked by life's worries, riches, and pleasures.” What are the “thorns” that tend to choke your spiritual growth?
6. Jenna described how the first sin in Genesis 3 was rooted in distrust—believing that God wasn't enough. How do fear or insecurity drive your tendency to “add more” or hold tightly to control?
7. Dallas Willard described simplicity as intentionally reducing what distracts so we can focus on God and his kingdom. What distractions might God be inviting you to prune?
8. Ryan said, “What you do every day is doing something to you.” What current habits are shaping you toward the *gospel of more*—and what new rhythms might help you live the *way of Jesus* instead?