

DISCUSSION QUESTIONS

Living with a Surrendered Heart: Pursuing Simplicity Through Wisdom and Love

1. Tiffany opened by saying that the longing for simplicity we see in our culture is real—and in many ways, a grace. Where do you see that longing in your own life or in people around you?
2. When you think about “simplifying your life,” what comes to mind first—your schedule, possessions, pace, relationships, or something else? Why?
3. Tiffany described five “counterfeits” of simplicity—minimalism, new age spirituality, suffering, scoreboard spirituality, and shallowness. Which of these do you most naturally drift toward or see most often in our culture?
4. Tiffany said, “Simplicity isn’t about doing with less—it’s about living for more.” What does that phrase mean to you? What’s the “more” that Jesus offers?
5. Some Christian traditions have equated simplicity with suffering or self-denial. How does Jesus’ life challenge that view?
6. Kyle said, “Simplicity gives us freedom.” Where do you feel most enslaved—to hurry, image, approval, or something else—and how could simplicity help you find freedom there?
7. Kyle said simplicity guards our love. How does clutter—whether of possessions, commitments, or distractions—make it harder to love God and others?
8. Read **Matthew 11:28–30**. Jesus offers rest to the weary. What might you need to let go of to receive that rest?