

DISCUSSION QUESTIONS

Creating Space: Intentional Rhythms to be Present with God and People

1. Ryan began by saying that we all long for a deeper connection with God and people, but our lives are often too crowded for real connection. Where do you feel that crowding in your own life right now?
2. Ryan said we are being “disciplined by distraction.” What are some ways our digital habits form or shape us without us realizing it?
3. Jenna said, “If we’re constantly connected to a screen, we risk becoming disconnected from what matters most.”
 - How does technology impact the depth of your relationships?
 - What are some intentional ways you could replace scrolling with seeing people this week?
4. In Matthew 6:24, Jesus frames the issue of serving money as an issue of mastery. Ryan asked, “Do I own my own stuff, or does it own me?” How would you honestly answer that question?
5. Jenna said, “Greed is the enemy of generosity.” How does the pursuit of “more” make it harder to love people well?
6. Ryan contrasted busyness with fruitfulness. What helps you personally slow down and choose “the one thing necessary”?
7. If the goal is not an empty calendar, but an intentional one, what would it look like for your weekly schedule to reflect love for both God and others?
8. Simplicity is “more than subtraction—it’s alignment.” As you think back through this session, what’s one area (pleasures, possessions, or plans) where God may be inviting you to realign your life with his love?